



Mother's Day: Shop

Thursday May 9th @ 11:30AM

Need a last minute Mother's Day gifts? We have you covered! From 11:30AM - 1:00PM in the Lobby, local vendors will be offering a variety of treats & gifts: from Little Mama's Cookies, Flowers For Dreams, to Soap Junkii, there will be something for the Mom in your life!

Dumpling Making Class

Wednesday May 15th @ 4PM

Did you know that May is Asian Pacific Islander Heritage Month? Join us from 4PM - 5PM in the Tenant Lounge, as we celebrate with homemade dumplings! We are partnering with the Chicago Chinese Cultural Institute to bring you a one-of-a-kind class that will teach you how to roll, fill & cook authentic Chinese dumplings.

**Space is limited, be sure to us the QR Code to RSVP!





Chew On This: National Taffy Day

Tuesday May 21st - Thursday May 23rd @ 11:30AM

Join us as we celebrate the sweet & chewy goodness of taffy! We're giving away this classic candy in the Lobby from 11:30AM - 1:30PM, so come on down and satisfy your sweet tooth.



321 Staff Spotlight

Lucy Reese

Lucy is the Assistant Property Manger here at 321 N Clark! She just celebrated her 26th anniversary with Hines!

Favorite Food: PASTA, of all types!

Dream Trip: My dream vacation is Italy. However, I spent the last three (3) years enjoying road trips to Atlantic City, Maryland, Memphis, Nashville, Springfield, Virginia, & Washington D.C.

Dream Job: Crime Investigator. I am so intrigued to solve crimes and provide closure to families/friends of their loved one(s).

Upcoming May Plans: My Mother's Day is spent bowling with my family and exploring restaurants of different cultures.

Fun Fact: I facilitate a Driver's Education Program on weekends for students who do not have the course at their High School.





Wellness Series by Aligned

We have complimentary wellness webinars hosted by our *Hines Platinum Partner*, Modern Aligned Health. Scan QR codes below to RSVP.

Thursday, May 9th @ 12PM



A Functional Medicine Perspective: Hair, Skin, and Nails

with Functional Medicine Physician Dr. Todd Roach, DC, FIAMA, C-FMP



Thursday, May 23rd @ 12PM



Workstation Ergonomics and Workday Stretching

with Chiropractic Physician Dr. Caitlin Painchaud, DC, CCSP

Good Eats!



Farmer's Fridge is stocked weekly with an array of delicious salads, bowls, snacks, and more, all made with high-quality ingredients. As our valued tenant, you have the convenience of accessing these wholesome meals any time during your busy schedule.

There is an active promotion for <u>one free salad</u> if you download the app, which can then be used to conveniently order ahead. Should you have any questions or require assistance with Farmer's Fridge, please contact the building management office.

Tip of the Month



Did you know that 321 N Clark has Wi-Fi in the Parking Garage?

We are happy to share the login credentials for the 321 N Clark Parking Garage.

<u>Username:</u> 321ParkingGarage <u>Password:</u> 312parkinggarage

Please reach out to the Property Management Team with any questions!

